

Monday		
A	B	C
	Twinkle Toes (2-3yrs) 9:00-9:30am HR	
	Creative Movement (3-5yrs) 9:30-10:15am HR	
Adult Tap Beg. 4:30-5:15pm MR		
Adult Tap Int. 5:15-6:00pm MR	Twinkle Toes (2-3yrs) 5:30-6:00pm HR	Kinderdance 1 (4-6yrs) 5:30-6:30pm HM
Adult Tap Beg./Int. 6:00-6:45 MR	Musical Theater 1 (8yrs +) 6:00-6:45pm Abby	Adult Ballet Beg. 6:30-7:30pm ◎ KS
		*Lyrical Combo* Teens/Adults 7:30-8:15pm ◎ KS

**Twinkle Toes** - A pre-Creative Movement class for 2-3yrs where students will learn basic ballet positions and coordination while developing their imagination and motor skills in a group setting.

**Creative Movement** - Class for 3-5yrs where students learn/build on their basic ballet positions and movements. They work on coordination, spatial relationships, memory, and following directions in a fun classroom setting.

**Kinderdance 1** - A 1 hour class for 4-6yrs consisting of 30 minutes focused on ballet followed by 30 minutes of tap. *For new 5-6yrs, at least 1 year of Creative Movement class is preferred.*

**Irish 1** - A fun, unique opportunity to learn traditional Irish technique. *Students must have at least 1 year experience in ballet or jazz.*

**SL/ST** = Stretch & Leap/ Strengthen & Turn

◎ = Can be taken as a Punch Card class or drop-in pay per class  
+ = must be enrolled in Monday Tap Int. at 5:30pm

Tuesday		
A	B	C
*Hip Hop Beg.* Teens/Adults 5:15-6:00pm ◎ CB	Creative Movement (3-5yrs) 5:15-6:00pm EG	Jazz Beg. (7-10yrs) 5:15-6:00pm Abby
*Abs/Core* Teens/Adults 6:00-6:30pm ◎ MD	*Dance Team* (12yrs +) 6:00-6:45pm A.Rob.	Tap Beg. (7-10yrs) 6:00-6:30pm Abby
Body Toning Teens/Adults 6:30-7:30pm ◎ MD		Lyrical Beg. (11yrs +) 6:30-7:15pm HM

**\*NEW!\***

**\*Lyrical Combo\* (Teens/Adults)** - Let your body flow using this contemporary style created out of ballet and jazz with a short breathing warm up followed by new combos to try!

**\*Hip Hop Beg.\* (Teens/Adults)** - Always wanted to let loose and groove to the beat? This intro class to Hip Hop is the perfect opportunity for you and your friends to join in a safe and fun atmosphere.

**\*Abs/Core\* (Teens/Adults)** - This class is the perfect quick 30 minutes to get your abs toned and keep those beach bodies looking good all summer. Sole focus on core section with modifications available for any level.

**\*Dance Team\* (12yrs +)** - This class is a great experience for teen dancers who are interested in drill/dance team (trying out, or already on a team) looking to improve precision, placement, strength, flexibility and control through jazz pom and hip hop genres. *Other technique classes are recommended in addition, i.e. ballet and jazz.*

**\*Cardio Jazz\* (Teens/Adults)** - This full body cardio class will get your heart pumping with 30 minutes of high intensity dance-based steps motivating you through fast-paced and upbeat moves and music followed by 15 minutes of cool down and stretching -- you'll hardly even notice all the calories burned!

Wednesday		
A	B	C
Adult Tap Int. 9:00-9:45am + MR		
Ballet Beg. (7-10yrs) 5:30-6:15pm EG	Adult Jazz Beg. 5:30-6:15pm ◎ MR	Hip Hop Beg./Int. (9-13yrs) 5:30-6:15pm A.Rob.
*Cardio Jazz* Teens/Adults 6:15-7:00pm ◎ CS	Creative Movement (3-5yrs) 6:15-7:00pm EG	Hip Hop Int. (13yrs +) 6:15-7:00pm A.Rob.

### Thursday

A	B	C
Adult Tap Beg./Int. 9:15-10:00am MR	Twinkle Toes (2-3yrs) 9:00-9:30am HR	
Adult Tap Beg. 10:00-10:45am MR	Kinderdance 1 (4-6yrs) 9:30-10:30am HR	
Ballet Int. Technique (12yrs +) 5:15-6:15pm FP	Kinderdance 1 (4-6yrs) 5:15-6:15pm HM	Hip Hop Beg. (7-11yrs) 5:15-6:00 A.Rob.
Irish 1 (9yrs +) 6:15-7:00pm FP	SL/ST (12yrs +) 6:15-7:00 CS	Modern Beg./Int. Teens/Adults 6:00-7:00pm ◎ MD
Jazz Int./Adv. (14yrs +) 7:00-8:00pm FP		

Summer Semester  
Rates 2020  
(6 week session)

**30 Min ..... \$80**  
**45 Min ..... \$85**  
**60 Min ..... \$90**

**10 Class Punch Card .....\$120**

Card is valid for one semester only.  
May be used for multiple classes.

First class is full-price and each additional  
class of equal or lesser value is 10% off.

**Adult Summer Classes!**

Check out our exciting summer  
classes for adults in a fun and  
welcoming environment!  
We're offering Adult Hip Hop,  
Ballet, Tap, Cardio Jazz, Body  
Toning, and Abs/Core  
strengthening for Teens and  
Adults to keep those beach bodies  
looking good this summer!

All of these classes are eligible for full  
session enrollment or used with a 10 Class  
Punch Card.

**Competition Team Auditions**

for the 2020-2021 team:

**April 5th 1:30-3:30**

Open to dancers ages 8+

\*\*Please sign up at the Front Desk if  
interested in competition auditions to  
receive alerts and updates.

**NEW!**

**Mini Dance Camp Dates**

June 8th - 12th 9:00am - 12:00pm

July 6th - 10th 9:00am - 12:00pm

Ages Kindergarten - 5th Grade

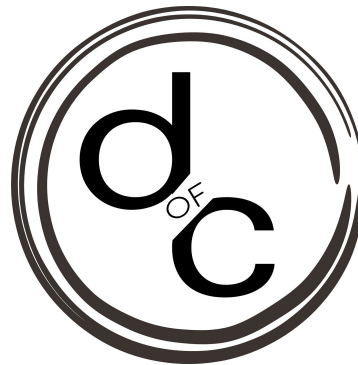
**Technique Workshops**

featuring all styles of dance from local and  
guest artists!

June 1st - 5th 9:00am - 5:00pm

July 13th - 17th 9:00am - 5:00pm

Ages 8+



Providing 40+ years of professional quality  
dance instruction in the heart of downtown  
Columbia!

**Summer Semester 2020**

**June 8th - July 16th**

Offering a variety of dance classes for ages  
2 through adult in a family-friendly and  
welcoming environment.

Dancearts of Columbia  
110 N. 10th Street, Suite 3  
Columbia, Missouri 65201

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